

Town of Hudson Council on Aging

Minutes for 3/1/23 COA Board Meeting, Hudson Senior Center, 29 Church St. Hudson MA

A hybrid meeting was called to order at 1:00 by Patricia Desmond; Chair.

Members in attendance through a roll call; In person; Trisha Desmond; chair, Diane Durand; Recording Secretary, Charlie Corley, Ed Silveira and Janice Long; Director.

Attending via zoom; John Gill; vice chair, Nina Smith; Treasurer, Tony Monteiro, Melissa Esteves

Members absent; Janet Saluk

Guests; In person; Kathy Janssen

Trisha asked for any additions to the **Agenda** presented. Receiving none, a motion was then made by Charlie Corley to accept the Agenda as presented. The motion was seconded by Ed Silveira and the vote was unanimously approved by roll call vote.

Trisha called for any corrections to the **Minutes** of 2/1/23. Receiving none, a motion was then made by Charlie Corley to accept the Minutes as presented. The motion was seconded by Ed Silveira and the vote was unanimously approved by roll call vote.

The Treasurer's Report;

- Nina noted that the telephone charge of \$88.80 has finally been corrected by the Town along with a deposit of \$245 which was supposed to go to the Veterans' Dept. With these corrections, the Center's balance matches the Town's and now reflects a balance of \$18,754.07. Nina will report on the Revolving Account at next month's meeting due to issues which need to be resolved. A motion to accept the Treasurer's Report was made by Tony Monteiro, seconded by Charlie Corley and the vote was unanimously approved by roll call vote.

The Director's Report;

Building Issues:

- Janice informed members of an additional light sensor which was installed on the stairway to the exercise room while Cardinale was repairing another which was faulty.

Friends of the Hudson Senior Center:- Janice has been in contact with Mr. Gregory and the Friends regarding the completion of the deck closure. Several issues have arisen since the initiation of this project including increased costs and an expired contract. The Friends await updates to reconsider whether this project is feasible for them to fund independently or is there a need for it to go before Town Meeting for assistance.

Social Services:

- Numbers are good even though it was a short month. Both Holly and Ana are assisting seniors new to Medicare which are very time consuming along with addressing the decrease in SNAP benefits as of March 2.

- Holly covered the desk in Virginia's absence during a recent vacation.

- Alex has been leading a Caregiver and Bereavement support group. In April she will offer the Caregiver support group twice a month. She is assisting 2 seniors living independently suffering from schizophrenia.
- The senior use of Uber services is experiencing a slight increase.

Activities/Programs;

- Line Dancing will extend to two classes in April due to the need of a beginner and intermediate level.
- Janice has been working with AARP Tax reps in preparation of upcoming senior appointments.
- The Hudson Senior Center in conjunction with the Hudson Public Library will offer two showings of the documentary entitled, **The Unimaginable Journey of Peter Ertel**, one at the library and the other at the Center. Following the Center's showing, a question and answer period with the film's producer will take place.

Daybreak:

- Daybreak's numbers have increased slightly with a couple of new participants bringing the total to 31.

Transportation:

- Janice continues her search for an additional part time bus driver. Jim is substituting for Jack.

A motion was made to accept the **Director's Report** by Ed Silveira and seconded by Diane Durand. The vote was unanimously approved by roll call vote.

Facilities Committee; none

Friends; nothing additional

Correspondence; The staff received a note of gratitude along with flowers from a senior thanking them for all they do for the Hudson seniors.

Old Business;

New Business;

- Kathy Janssen offered to help out with Blood Pressure checks
- Janice attended a zoom meeting with Bay Path Springwell only to discover that the assistance needed by seniors in their homes is not being supervised or conditions are not being reported in a timely manner (for example, a case manager is only expected to oversee a senior's condition twice a year). Tony asked if Alex could do wellness checks to assure seniors are actually receiving the assistance scheduled for them. Janice mentioned she could ask Holly and Ana to help out with this as well.
- Tony mentioned that the allowance of Zoom Meetings instead of In Person should expire this month and would Janice check with Joan Wordell to see if that has been extended.

A motion was made to adjourn at 1:31pm by Charlie Corley, seconded by Ed Silveira and the vote was unanimously approved by roll call vote. The next meeting is April 5, 2023.

Respectfully Submitted,
Diane Durand

